

The Bulletin

Issue 2

Hi there, welcome to the second edition of The Bulletin. Hope everyone is well as the summer is upon us, even though it doesn't feel it! Within this edition I have included contributions from appeal campaigners and what their experiences have been. Hope you enjoy the read!

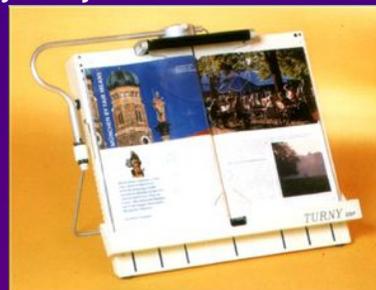
Your Donations

The kind contributions that have been made to the David Azhar Appeal have gone towards helping me through a new chapter in my life. As stated in the last edition of the Bulletin, I had



just started my degree at Strathclyde University. Numerous pieces of equipment were purchased to aid me in my studies.

✓ Over and above the textbooks for each of my subjects, a device was



bought which enables me to turn pages. This unique piece of equipment can be used via voice recognition and has been invaluable to me.

✓ Due to my injury, the upkeep of my wheelchair is priceless. A regular service and modifications are ongoing. This will help to prevent any chance of medical problems.

✓ To enable me to go on holiday I now have a portable shower chair which collapses for easy travel.

The Exercise Bike

Since acquiring an exercise bike through the appeal, it has become a valuable asset to my day-to-day routine. I exercise my legs and arms every day for approx two hours and I really feel that it makes a difference. It is hard to accommodate my bike with university study but even a small session helps my muscles remain relaxed and supple.



Your Events

Over the last seven months many people have been involved in fundraising activities. This is an account by the fundraisers themselves of just some of their hard work.

The Running Women



Karen MacDonald (committee member) competed in the recent Flora London Marathon. Running 26 miles is a tremendous achievement by anyone and had this to say: "I finished in 4:41:05 which was slightly longer than I had anticipated. My only disappointment on the day came when I tried to call David as I approached the finish line only to discover later he had put his phone on silent and I had to finish on my own!"

My pal Ashley Harris and her completed this years Glasgow a time of ---. After crossing the Ashley said "We have been training start and the hard work has paid off time. The weather was ideal, we were a bit worried when we heard the forecast on Saturday but it turned out a nice day"



Mum (Ruth) Women's 10k in finishing line, for this since the with a good

The Ben and Highland Way

Jeanette Murray and her expedition group conquered the West Highland Way last year and in Marc 2005, attempted Ben Nevis. "Albeit very tiring but excellent, with a sense of achievement at the end. We were all pleased we could help in some way towards the appeal"- Jeanette on the West Highland Way.

When commenting on the Ben Nevis climb "we knocked it off with the weather, the sun was shining on us again although it was freezing cold, with a very very icy wind".



www.davidazhar.com

Collections by Whitecraigs Rugby Club and West of Scotland Rugby Club



Over the last seven months, my old rugby club (Whitecraigs) have been working in tandem with The Appeal. They have collected donations at various venues for example Murrayfield and the president of Whitecraigs RC, Graeme Scott gave us an account on how it went. "A team of eight collectors (all that were allowed by the SRU) from Whitecraigs Rugby Club went to Murrayfield on the day of the Scotland v Wales game.

Whitecraigs Rugby Club had an inter club game on the day of their annual dinner. There was a raffle, auction and collection from all the players, On the future, Graeme remains enthusiastic "There are plans to continue to raise money and also to raise the profile within the rugby world. These initiatives will be formed during the summer"

School Carol Singing

During the bitter cold of December, a group of Barrhead High School pupils stood outside Starbucks Coffee at Royal Exchange Square, Glasgow and sang carols. The group consisted of: Catriona Palmer, Heather Palmer, Andrew Anderson and Catriona Welsh. Lisa Allan (Barrhead High School principal teacher) said, "Although it was cold, the pupils had good fun and we are glad to support the David Azhar Appeal and hopefully it will continue"

Caledonian Fiddle Orchestra Concert

Caledonian Fiddle Orchestra held an excellent concert in the Glasgow Royal Concert Hall. Thanks to Alex White, Julie and Dennis Haggarty and also thanks to the appeals patron, Gordon Bulloch who along with my good self kicked the evening with a superb speech. It was a great night and my pals summed the concert by referring the music as 'interesting'



to
off



SKAL Annual Christmas Dinner

The SKAL Group have a yearly dinner and have generously donated to the appeal for the past two years. My Grandad (Donald McLardy) is a member of the organisation and received a generous cheque in January this year, he said "I'm glad that the SKAL Group can contribute to making David's life easier"



Final Thoughts

The David Azhar Appeal has numerous events pencilled in for the next few months leading to November. The events are mostly organized by people wanting to do their bit for and I must say thank you. If you want to contribute to the appeal in any way then do not hesitate to contact us by the website or old fashioned mail.



Looking forward to going abroad for my holidays. It will be my first time since my accident.

I would like to say good luck to Alex White on his retirement and many thanks on being a great chairman of the appeal.

Good luck also to Gordon Bulloch who is out with the British Lions rugby squad as they travel round New Zealand.

**Look out for the next edition of
The David Azhar Appeal Bulletin**

PO BOX NO. 5084

G78 2YH